



JONATHAN LICHTENSTEIN, PSYD

Clinical Psychologist, PSY 23165

SF Office: 3884 24th Street
San Francisco, CA 94114

LA Office: 16055 Ventura Blvd
Encino, CA 91436

dr.lichtenstein@gmail.com
custodypsychologist.com

EXPERIENCE

Clinical Psychologist

Private Practice

San Francisco and Los Angeles, CA

July 2009 to current

- Provide custody evaluations, co-parenting counseling, and psychological services for children, adolescents, and adults in private practice
- Specialize in working with trauma, addiction, domestic and interpersonal violence, depression and anxiety, grief and loss, neurodiversity, and issues related to divorce, custody, and blended families
- Experience working with culturally diverse, transgender, and LGBTQ+ youth and adults
- Psychoanalytically trained and incorporates the following Evidenced-Based Practices: ACT, Emotionally Focused Therapy, Compassion Focused Therapy, Child-Parent Psychotherapy, Dialectical Behavior Therapy, Seeking Safety, and Trauma-Focused CBT

Clinical Psychologist, Permanent Civil Service Position

Department of Public Health, Primary Care

City and County of San Francisco

August 2015 to August 2019

- Training director and clinical psychologist for 3rd Street Youth Center and Clinic located in Southeast corridor of San Francisco
- Provided direct services and supervised services in SF Unified School District Wellness Centers
- Responsible for all psychotherapy, crisis, drop-in and outreach mental health services
- Supervised a team of 10 therapists providing clinic and school-based psychotherapy services for adolescents and young adults (age 12-24)
- Provided psychological services to transgender youth and adults

Director of Behavioral Health

InnVision Shelter Network (IVSN)

Menlo Park, CA

May 2013 to July 2015

- Responsible for the mental health care of approximately 300 children and adults

PROFILE

Completed requirements of
CRC 5.220, 5.225, and 5.230

Licensed CA Clinical
Psychologist, 2009

Expert witness for custody in
the Northern California AAML
Trial Practicum

Trauma training for the family
law section of the SF Bar

10 years directing community
mental health programs

Supervised over 100 clinicians

Published author

Provides services with cultural
humility

Technologically skilled

FORENSIC CHILD CUSTODY TRAINING

2026 AFCC California Chapter
Conference: Practical Solutions
for Complex Family Law
Challenges

2025 AFCC California Chapter
Conference: Creative Solutions
to Reduce Conflict in Families

2024 AFCC California Chapter
Conference: Maintaining
Civility Through Conflict

2024 AFCC California Chapter:

- Supervised direct psychological services and crisis management of individuals and families experiencing homelessness
- As training director, conducted weekly didactics, individual supervision and group supervision to approximately 10 therapists and 2 psychologists
- Acquired grant funding, administered grants, and oversaw the yearly mental health budget and spending

Clinical Psychologist Supervisor

Partners Program

San Rafael, CA

September 2011 to June 2012

- Supervised 7 interns who held a caseload of ten or more patients/families
- Supervision provided from a psychodynamic and systems orientation

Outpatient Psychologist

West Coast Children's Clinic

Oakland, CA

April 2010 to May 2011

- Provided community-based work, including home visits, with children and families in Alameda and Contra Costa County
- Served diverse children and families experiencing multiple traumas including domestic violence and child sexual abuse

Pre and Post Doctoral Internship

Access Institute for Psychological Services

San Francisco, CA

July 2007 to July 2009

- Provided long-term psychotherapy for adults and couples
- Administered psychological assessments and neuropsychological testing to children, adolescents, and adults

EDUCATION

Post-Doctoral Training

Access Institute in San Francisco – June 2009

Doctorate in Clinical Psychology

American School of Professional Psychology – August 2008

Bachelor of Fine Arts Degree

University of California – Santa Barbara, CA – June 1999

The Fundamentals of Parenting Coordination

2024 Bay Area Psychological Association (BAPA), CCE and DV, 12-hour training

Steve Frankel Group Custody Evaluator, 40-hour training

Advanced Interpersonal Violence with BAPA, Steve Frankel Group, and AFCC

2020 AFCC California Chapter Conference: The Power of Difficult Conversations

AWARDED GRANTS

Sequoia Healthcare District, \$55,000

Kaiser Permanente, \$50,000

Help For Children (formerly Hedge Fund Care), \$40,000

Peninsula Health Care District, \$15,000